![Dudley Metropolitan Borough Council logo]

Test and Trace
Help stop the spread of COVID-19

Anyone with symptoms of Covid-19 can quickly be tested to find out if they have the virus. Visit **www.gov.uk/get-coronavirus-test** or telephone 119 to pre-book a test within the first 8 days of having symptoms.

If you test positive – you will be contacted by NHS Test and Trace or someone who works for Dudley Council. You'll be asked for information about where you've been recently and who you've been in close contact with.

Protect your information - you may be contacted by email, text or phone. Text messages will come from NHStracing. Calls will come from 0300 013 5000 or a local number if the call is from Dudley Council.

People you've been in close contact with – will be told to stay at home (self-isolate) for 14 days. This is because it can take up to 14 days for coronavirus symptoms to appear. No one who is contacted will be told your identity.

For more information visit:
www.gov.uk/guidance/nhs-test-and-trace-how-it-works

Find out more about being a COVID-19 Community Champion

🌐 **www.dudley.gov.uk/covidchampions**

✉ **HealthyCommunities@dudley.gov.uk**

📞 **07980 953 508**

COVID-19 Community Champion

Play your part - protect Dudley borough