

## **KEEP DUDLEY SAFE**Hands - Face - Space

Stay Alert to help stop the spread of COVID-19



Wash your hands with soap and water for 20 seconds
If you do not have access to soap and water, use hand sanitiser.



Wear a face covering when you can't social distance

Make sure you cover your mouth and nose – it's a vital first line of defence.



Keep your distance as much as you can

Remain mindful of your surroundings. Keep a distance of 2 metres from others.



Get tested if you have symptoms - a persistent cough, fever or change in taste or smell. Visit <a href="www.gov.uk/get-coronavirus-test">www.gov.uk/get-coronavirus-test</a> or telephone 119 to pre-book a test within the first 8 days of having symptoms.



For more information visit:

https://www.gov.uk/government/news/new-campaign-to-prevent-spread-of-coronavirus-indoors-this-winter

Find out more about being a COVID-19 Community Champion

- www.dudley.gov.uk/covidchampions
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COVID-19 Community Champion