








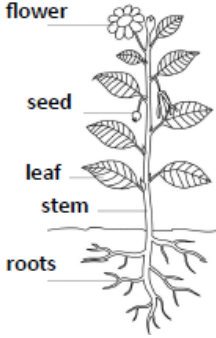


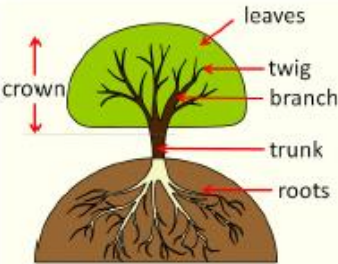





Knowledge

<p>Can you name and identify the most common British garden plants?</p>	<p>Identifying and Classifying/Research</p> <p>People may grow plants in their gardens and care for them. They may grow flowering plants which are beautiful to look at or beans and seeds to grow plants for food. When plants are grown for food, this may be called a herb garden or vegetable patch.</p> <div>     </div> <p>vegetable patch rose poppy sunflower</p>
<p>Can you name and identify the most common British wild plants?</p>	<p>Identifying and Classifying/Research</p> <p>A wild plant will grow by itself. It does not need to be cared for. If it grows somewhere unwanted, it may be a weed.</p> <div>      </div> <p>dandelion daisy buttercup nettle clover</p>
<p>What do the parts of a flowering plant do?</p> <p>Why are some plants brightly coloured or scented?</p>	<p>Identifying and Classifying</p> <p>The roots of a plant anchor it and allow it draw water from the ground. The stem supports the leaves and flowers that grow upon it and transport water throughout the plant. The leaves produce food for the plant using water and sunlight, whilst the seed will eventually fall from the plant and become a new plant elsewhere. The flower helps the plant to look good and attract insects.</p> <p>Research</p> <p>The function of a petal and/or scent to attract insects, pollination to create new plants/flowers in other areas.</p> 
<p>How are deciduous and evergreen trees different?</p>	<p>Identifying and Classifying</p> <p>Deciduous trees lose their leaves in the autumn every year. Their leaves are generally broad, flat and have veins running through them. Evergreen trees have green leaves all year round. Their leaves are generally thick, waxy and narrow like needles.</p> <div>    </div> <p>deciduous evergreen</p>
<p>Can we create a key to identify which tree a leaf has come from?</p>	<p>Identifying and Classifying</p> <p>Collect leaves on a nature walk around school grounds/local area/Priory Park. Consider variables such as: deciduous/evergreen; broad/narrow; thick/thin; colour.</p>
<p><i>How did Beatrix Potter help our understanding of mushrooms and toadstools?</i></p>	<p>Ideas Over Time</p> <p>Beatrix Potter (1866-1943) https://www.youtube.com/watch?v=MzNnVDdU4nQ Children's author and illustrator, artist, botanist and conservationist.</p> 
<p><i>Which type of compost grows the tallest sunflower?</i></p>	<p>Comparative Testing</p> <p>Compare the rate of growth in sunflower seeds grown in different types of compost (peat/loam/organic/multi-purpose) over a given length of time using an appropriate measurement of length (mm/cm). Discuss what would make this a fair test.</p>

<i>How does my sunflower change each week?</i>	Observing Over Time [See <i>What type of compost grows the tallest sunflower?</i>]. Discuss what other noticeable changes could be recorded aside from height (number of petals, number of leaves, diameter of flower, etc.)
<i>Do trees with bigger leaves lose their leaves first in the autumn?</i>	Pattern Seeking Find trees that grow different sizes of leaves within forest school. Watch/record regularly over a given length of time the amount of leaves being lost/remaining on the tree using approximation.
<i>Is there a pattern in where we find moss growing in the school grounds?</i>	Pattern Seeking Go to forest school area to look for mossy areas. Record: amount of moss, amount of shade, level of moisture.

Vocabulary

Branches	Parts that grow out from the tree trunk and have leaves, flowers or fruit growing on them.
Bulb	A root shaped like an onion that grows into a flower or plant .
Common	Something that is found in large numbers/something that happens often.
Deciduous	A tree that loses its leaves in the autumn every year.
Evergreen	A tree or bush which has green leaves all the year round.
Flower	The part of a plant which is often brightly coloured and grows at the end of a stem .
Flowering	Trees or plants which produce flowers .
Fruit	Something which grows on a tree or bush and which contains seeds or a stone covered by a substance that you can eat.
Garden	A piece of land next to a house, with flowers, vegetables , other plants and often grass.
Herb	A plant whose leaves are used in cooking to add flavour to food or as a medicine.
Leaf/Leaves	The parts of a tree or plant that are flat, thin and usually green.
Petal	Thin coloured or white parts which form part of a flower .
Plant	A living thing that grows in the earth and has a stem, leaves and roots .
Roots	The parts of a tree or plant that grow under the ground.
Seed	The small, hard part from which a new plant grows.
Stem	The thin, upright part of a plant on which the flowers and leaves grow.
Tree	A tall plant that has a hard trunk, branches and leaves .
Trunk	The large, main stem from which the branches grow.
Vegetable	Plants such as cabbages, potatoes and onions which you can cook and eat.
Vegetation	Plants, trees and flowers .
Weed	A wild plant that grows in gardens and prevents the plants that you want from growing properly.
Wild	Animals or plants that live or grow in natural surroundings and are not looked after by people.








What should I already know? (KS1)	Potential Cross-curricular Links (KS1)
<ul style="list-style-type: none"> • Key Stage 1: Working scientifically [NC 2014, p113]; 	<div>  <div>Retrieving digital content: Research</div> </div> <div>  <div>Our School: Observations in Forest School</div> </div>

Statutory requirements

Pupils should be taught to:

- identify and name a variety of common wild and garden plants, including deciduous and evergreen trees
- identify and describe the basic structure of a variety of common flowering plants, including trees.

Knowledge

What is a season?	Identifying and Classifying <ul style="list-style-type: none"> Autumn – September, October, November; Winter – December, January, February; Spring – March, April, May; Summer – June, July, August.    
<i>What events take place throughout the year? What do we associate with that time of year?</i>	Ideas Over Time Events such as Mother's Day, St. George's Day, Easter and several bank holidays take place between March and August (inclusive). What would you expect the weather to be like during these special times of year? Why? Which season are they in? How do you know?
What weather do we associate with Spring?	Pattern Seeking As the seasons change from winter to spring, it gets warmer and the temperature begins to rise. The weather may be slightly sunny but still a little windy and rainy on some days.
What weather do we associate with Summer?	Pattern Seeking As the season change from spring to summer, it gets warmer still – this is because the temperature has risen. The weather may be hot and sunny, and there may not be many clouds in the sky.
Why is it hotter in summer in comparison to winter?	Ideas Over Time During the winter, the average temperature in the UK is around 6°C, whilst in the summer, it is 16°C. This is because in the summer, the Sun is closer to the Earth, but in the winter, the Sun is further away. 
Why is the weather different in different countries?	Pattern Seeking Because of the way the Earth moves around the Sun, different seasons happen at different times for some countries. For example, in the UK it is summer when it is winter in Australia, and vice versa. The seasons in some countries are also very different to the ones we have in the UK: for example, countries near the Equator are usually hot and wet for most of the year, whilst countries near the Earth's poles are usually cold all year round.
<i>How has the work of Dr. Steve Lyons been important in getting ready for extreme weather?</i>	Research Dr. Steve Lyons (1954-)  https://www.thoughtco.com/famous-meteorologists-3444421 American scientist and meteorologist.
<i>How does the weather change over a week? What measurements can be made to allow us to compare?</i>	Observing Over Time What types of weather are likely to change during the day? Will it always be sunny, or will it always be raining? Will it always be windy? How much of the sky will be covered by cloud? What is the temperature? How will you be able to record each type of weather, and when will you do this? Do you think you have to do it at the same time every day? Why/why not? Do you think you'll have to do it more than once a day? Why/why not?
<i>How does the daily amount of rain change in one school week?</i>	Comparative Testing On every school day for one week, how could you measure how much rain has fallen? When you know this, how could you write down your findings? How would you make sure your test was fair? How could the weather forecast help you to make a prediction about what you will find out? 
What changes would we see in the park from early spring to summer to winter?	Observing Over Time  As the temperature gets warmer in springtime, leaves begin to appear on deciduous trees, with some trees beginning to blossom, and many plants will begin to grow. The people who visit the park are most likely to be wearing clothes that will keep them cooler, such as t-shirts and shorts. Because there are lots of sunny days and very few clouds in the summertime, people will need to wear

	<p>sun hats, sunglasses and sun cream to keep them safe from the strong heat of the Sun.</p> <p>Based on everything you now know about the seasons, what will happen to the park and the people in it as summer ends and autumn and winter begins? Why?</p>
What time did the sun rise and set today?	<p>Observing Over Time</p> <p>During the spring and summer months, the days become longer and the nights become shorter. Summer has the longest days and the shortest nights of all the seasons. How could you find out the time of the sunrise and sunset where you live every day? Based on everything you now know about the seasons, do you think the sunrise will get earlier or later during the spring and summer? Why? Do you think the sunset will get earlier or later during those seasons? Why?</p>
Are some places on Earth always dark? Are some always in daylight? How does this affect the people who live there?	<p>Research</p> <p>Because of the way the Earth moves around the Sun, some parts of the world near the North and South Poles can have 24 hours of sunlight in the summertime, and very few hours of sunlight in the winter. If there was no day or night, how would this affect the way the trees and plants grow? What about how and when people sleep? Would you like to live somewhere that was always light or always dark? Why/why not?</p>

NB: A dashboard of UK monthly weather data for comparison and analysis can be found at: <https://www.statista.com/statistics/322658/monthly-average-daily-temperatures-in-the-united-kingdom-uk/#:~:text=By%20comparison%2C%20the%20summer%20months,monthly%20rainfall%20in%20the%20UK>

Vocabulary	
Autumn	The season between summer and winter when the weather becomes colder and the leaves fall off the trees.
Blossom	The flowers that appear on a tree before the fruit.
Day length	The amount of time where there is daylight .
Daylight	The natural light that there is during the day before it gets dark.
Deciduous	A tree that loses its leaves in the autumn every year.
Holiday	A period of time during which you relax.
Hot	Something that has a high temperature .
Months	One of the twelve periods of time that a year is divided into.
Nature	The animals, plants and other things in the world that are not made by people.
Rain	Water that falls from the clouds in small drops.
Season	The main times of year that can be divided up by the typical types of weather that take place.
Slightly	A little bit.
Spring	The season between winter and summer when the weather becomes warmer and plants start to grow again.
Summer	The season between spring and autumn when the weather is usually warm or hot .
Sunny	When the sun is shining brightly.
Temperature	A measure of how hot or cold something is.
Warm	When there is some heat, but not enough to be hot .
Weather	What the sky and air outside are like, such as cold or sunny .
Windy	When the wind is blowing.
Winter	The season between autumn and spring when the weather is usually cold.






















What should I already know? (KS1)	Potential Cross-curricular Links (KS1)
<ul style="list-style-type: none"> • Key Stage 1: Working scientifically [NC 2014, p113]; • Y1 Plants: <i>identify [...] deciduous and evergreen trees.</i> 	<div data-bbox="603 152 785 324"> </div> <div data-bbox="799 174 1023 300"> <p>Religious Festivals: Palm Sunday</p> </div> <div data-bbox="612 353 751 495"> </div> <div data-bbox="766 353 963 479"> <p>Weather: Seasonal/daily patterns</p> </div> <div data-bbox="1050 165 1238 331"> </div> <div data-bbox="1246 197 1498 311"> <p>Time: Months of the year Day and night</p> </div> <div data-bbox="1034 338 1251 510"> </div> <div data-bbox="1246 365 1474 483"> <p>Retrieving digital content: Research</p> </div>

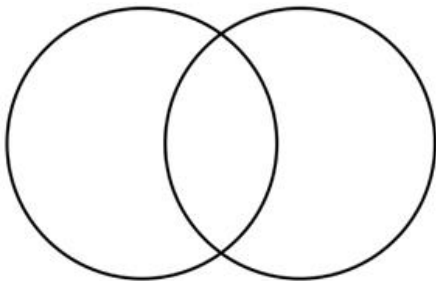
Statutory requirements

Pupils should be taught to:

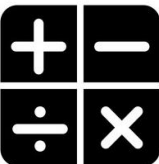

- observe changes across the four seasons
- observe and describe weather associated with the seasons and how day length varies.

Knowledge

What is a habitat?	Identifying and Classifying A habitat is a place where living things, such as animals and plants, can find all of the things they need to survive. This includes food, water, air, space to move and grow and some shelter. Some habitats are large, like the ocean, and some are very small, such as under a log. Other examples of habitats could be rivers, woodlands, coasts and forests. <div>          </div>
<i>How does the habitat of the Arctic compare with rainforest habitats?</i>	Comparative Testing Polar region vs. equatorial region. Differences to be considered: level of moisture/rainfall; temperature ranges; seasonal change; weather; availability of land; plant growth; wildlife; day/night cycle, etc.
What are micro-habitats?	Research Micro-habitats are very small habitats where minibeasts may live. Minibeasts that can be found in micro-habitats include worms, snails, ants, centipedes, millipedes and butterflies and they help to keep the micro-habitat healthy. <div>     </div>
Can we find examples?	Research Examples of micro-habitats include under stones, in grass, under fallen leaves and in the soil. Minibeasts are able to survive in their micro-habitats because they can find the things they need to survive there, such as food and water. For example, caterpillars can survive on leaves as they give them food.
Which habitat do worms prefer? Where can we find the most worms?	Pattern Seeking Worms depend on plants because they feed on dead leaves, but plants depend on worms, which make the soil healthy by digging holes and allowing air in. Which types of habitat have a high level of soil/vegetation to best accommodate the worms' favoured conditions?
How do living organisms become dependent upon each other in a habitat?	Ideas Over Time Animals and plants depend on each other to survive. All living things (or things that were once living) have a part to play in food chains. Without them, other animals and plants may not be able to survive. For example, worms depend on plants because they feed on dead leaves, but plants depend on worms, which make the soil healthy by digging holes and allowing air in. If there were no worms there would be less birds, as there would be more competition for food, and the soil would not be as healthy.
Can we construct simple food chains for different habitats?	Pattern Seeking For example, in woodlands or a forest habitat, worms feed on dead leaves, but worms are a source of food for birds. <div>  →  →   →  →  </div>
<i>How is the work of Rachel Carson and Liz Bonnin helping to protect and conserve marine habitats for future generations?</i>	Ideas Over Time Rachel Carson (1907-1964) https://www.youtube.com/watch?v=ezVEzCmiXM4 Marine biologist, author and conservationist. <div>  </div> Liz Bonnin (1976–) http://www.lizbonnin.com/science-conservation http://www.lizbonnin.com/broadcasts Wild animal biologist, biochemist and science, wildlife and natural history presenter. <div>  </div>

How would you group things to show which are living, dead, or have never been alive?	<p>Identifying and Classifying</p> <p>All living things breathe, eat, grow, move, reproduce and have senses.</p> <p>Something that is dead/non-living will have done the same things as something that is living at one time, but is not able to do so anymore. The difference between something that is dead and something that has never been alive does not eat, grow, move, reproduce, or have senses.</p>	
Does a tree die in winter?	<p>Observing Over Time</p> <p>Using trees within forest school/on school site, observe visible changes between deciduous and evergreen varieties.</p> <p>What adaptations may take place inside the tree and underground to help it survive in colder temperatures? Does the bark protect the tree? How does it draw water from frozen ground, or create food without leaves?</p>	

Vocabulary	
Biomes	A natural area of vegetation and animals.
Carnivore	A person or animal that eats meat.
Depend	Someone or something that you need in order to physically survive.
Food chain	A series of living things where each thing feeds on the next one in the chain.
Habitat	The natural environment in which an animal or plant normally lives or grows.
Herbivore	A person or animal that only eats plants .
Invertebrate	A creature that does not have a spine, like an insect, worm or octopus.
Microhabitat	A small part of the environment that supports a habitat , such as a fallen log in a forest.
Minibeast	A small invertebrate animal such as an insect or spider.
Offspring	A person's children or an animal's young.
Omnivore	A person or animal that eats all kinds of food, including meat and plants .
Plant	A living thing that grows in the earth and has a stem, leaves and roots.
Source	Where something comes from.
Tree	A tall plant that has a hard trunk, branches and leaves.
Vegetation	Plants, trees and flowers.
Vertebrate	A creature which has a spine.

What should I already know? (KS1)	Potential Cross-curricular Links (KS1)
<ul style="list-style-type: none"> • Key Stage 1: Working scientifically [NC 2014, p113]; • Y2 Plants: <i>find out and describe how plants need water, light and a suitable temperature to grow and stay healthy.</i> 	<div>  <div> <p>Statistics: Data Handling</p> </div> </div> <div>  <div> <p>Retrieving digital content: Research</p> </div> </div>

Statutory requirements

Pupils should be taught to:

- explore and compare the differences between things that are living, dead, and things that have never been alive
- identify that most living things live in habitats to which they are suited and describe how different habitats provide for the basic needs of different kinds of animals and plants, and how they depend on each other
- identify and name a variety of plants and animals in their habitats, including micro-habitats
- describe how animals obtain their food from plants and other animals, using the idea of a simple food chain, and identify and name different sources of food.

Knowledge

Can we group rocks according to their similarities and differences?

Can you use an identification key to find out the name of each of the rocks in your collection?

Comparative Testing

Identifying and Classifying

There are three types of rocks that are formed naturally:

- Igneous rocks, such as granite and basalt, form when molten magma cools. The process takes place either under the Earth's surface or as lava flows out of an erupting volcano and mixes with other minerals on the surface. It is strong, hard-wearing and porous.



- Sedimentary rocks, such as limestone and chalk, form over millions of years. Little pieces of igneous rock are weathered away and sometimes find their way to the bottom of lakes, seas and rivers to create sediment. The sediment builds up in layers to eventually form the rock. It is porous and can be easily worn away.

- Metamorphic rocks, such as slate and marble, are formed when igneous and sedimentary rocks are put under intense heat and pressure. This makes them incredibly strong.



What changes occur when two rocks are rubbed together?

Observing Over Time

Rub two small samples of rock together and identify similarities and differences between each pair of samples: igneous/igneous; igneous/sedimentary; sedimentary/sedimentary; sedimentary/metamorphic; metamorphic/metamorphic; metamorphic/igneous. Would you expect man-made materials that are easily confused with rocks (e.g.: bricks/concrete) to react in similar ways?

How has the stone that local churches and gravestones are made out of changed over time? Why do you think that these changes have occurred?

Identifying and Classifying

Go on a walk around Priory Park and observe the ruins of St. James' Priory. Compare with images of other local churches, ranging in building materials (sandstone, brick, etc.), and of gravestones in local cemeteries/churchyards (granite, limestone, marble, etc.). Which of the three rock types are each made of (igneous/sedimentary/ metamorphic)? How can you tell from the changes that have taken place?



How are fossils formed? How can they be used to show changes in plants and animals over time?

Pattern Seeking

Fossils are the remains of prehistoric life that tell us about the Earth and about life that existed hundreds of thousands, and even millions, of years ago. They are usually formed when a living thing (plant or animal) dies and the body is covered up or buried by sediment over thousands of years. Some fossils are formed when the tough bones and teeth in animals and the woody parts of plants are preserved, whilst others are made from imprints in sedimentary rock, such as footprints or imprints from shells.



How did Mary Anning's work help us to understand prehistoric life?

Ideas Over Time

Mary Anning (1799-1847)

https://www.youtube.com/watch?v=qNOh-85_Dmc



Fossil collector, dealer and palaeontologist.



Using a microscope, which rocks have crystals, grains or fossils in them?

Comparative Testing

Crystals are more likely to be found in igneous rocks, whilst grains and fossils are more likely to be found in sedimentary rocks. Why do you think this is? How could you prove or disprove this by answering the question? Discuss the variables involved in such an investigation (size and rock type of each sample) and the differences between crystals, grains and fossils. How would you make this a fair test? Does it need to be a fair test?

How are soils formed?	Research Soils are made from pieces of rock, minerals, decaying plants and water. When rock is broken down into small grains, soil is formed. There are different layers of soil: above the soil is leaf litter and recently decaying plants, and as the soil becomes deeper, the rock grains become larger until bedrock is reached.	
Why might soil in different places be different colours? Do you think that water soaks in differently to each of these soils?	Ideas Over Time  <p>The colour of soil is dependent upon the amount of drainage it has and the different types of minerals and decaying plants (also known as organic matter) that can be found within them. Typically, soil that has a lot of organic matter or a lot of water in it is darker than other soils. The amount of minerals can also affect the colour: red soils tend to have a lot of iron within them, whilst one of the reasons the Black Country was given its name was because of its black soil, which was caused by the thick layers of coal below the surface.</p>	

Vocabulary	
Absorb	Soak up or take in.
Bedrock	The solid rock in the ground which supports all the soil above it.
Decaying	Gradually being destroyed by a natural process.
Grain	A tiny, hard piece of a whole, such as sand or salt.
Igneous	Rocks that are formed by volcanic action or intense heat.
Imprint	A mark or outline made by the pressure of one object on another.
Leaf litter	Decaying leaves.
Magma	Molten rock that is formed in very hot conditions inside the earth.
Man-made	Things that are created by people.
Metamorphic	Rocks that have had their original structure changed by pressure and heat.
Mineral	Something that is formed naturally in rocks and in the earth.
Molten	Something that has been heated to a very high temperature and has become a hot, thick liquid.
Natural	Things that exist in nature and are not made by people.
Nutrients	Substances that help animals and plants to grow.
Palaeontology	The study of fossils as a guide to the history of life on Earth.
Permeable	A substance that some liquids and gases can pass through or soak into.
Porous	Something with many small holes in that allows some liquids and gases to pass through.
Prehistoric	The time in history before any information was written down.
Preserve	To protect from decay .
Pressure	The force produced by pressing hard on something.
Properties	The qualities or features that belong to something and make it recognisable.
Rock	A solid mass made up of minerals . Rock forms much of the Earth's outer layer, including cliffs and mountains.
Sediment	Solid material that settles at the bottom of a liquid, especially earth and pieces of rock that have been carried along and then left somewhere by water, ice or wind.
Soil	The substance on the surface of the Earth in which plants grow.
Surface	The flat, top part or the outside of something.
Surrounding	To be present all around.
Volcano	A mountain from which molten rock , gas, steam and ash from inside the Earth sometimes burst.
Weathered	Affected by the weather.

What should I already know? (KS1/KS2)	Potential Cross-curricular Links (KS1/KS2)
<ul style="list-style-type: none"> • Lower Key Stage 2: Working scientifically [NC 2014, p120]; • Y1 Everyday materials: <i>identify and name a variety of everyday materials, including [...] rock;</i> • Y1 Everyday materials: <i>describe the simple physical properties of a variety of everyday materials;</i> • Y1 Everyday materials: <i>compare and group together a variety of everyday materials on the basis of their simple physical properties;</i> • Y2 Uses of everyday materials: <i>identify and compare the uses of a variety of everyday materials, including [...] rock, [...] for particular uses.</i> 	<div data-bbox="1038 170 1177 309"></div> <div data-bbox="1193 170 1417 309"> <p>UK/ Mediterranean: Volcanoes</p> </div> <div data-bbox="986 338 1198 506"></div> <div data-bbox="1198 360 1398 483"> <p>Search technologies: Research</p> </div>

Statutory requirements

Pupils should be taught to:

- compare and group together different kinds of rocks on the basis of their appearance and simple physical properties
- describe in simple terms how fossils are formed when things that have lived are trapped within rock
- recognise that soils are made from rocks and organic matter.

Knowledge

How would you organise these light sources into natural and artificial sources?

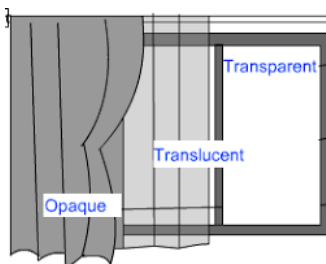
Identifying and Classifying

A light source is something that emits light by burning, electricity or chemical reactions. Burning light sources include the Sun, flames from a fire and stars. Electric lights include lamps, car headlights and street lights. Lights that are caused by chemical reactions are much less common. This happens when different chemicals react and light is a product of that reaction. Examples can include glow sticks and fire flies.



How much light gets through different objects? How can we arrange them?

Comparative Testing



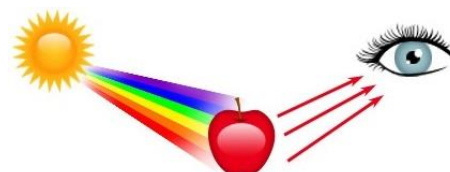
The amount of light that passes through an object depends on the type of material that it's made from. An opaque material blocks light so we can neither see through it nor shine a light through it, whilst a translucent material allows some light to travel through it, in particular from bright light sources. Materials that are transparent allow light to travel through them freely.

How does light travel?

Comparative Testing

We need light so that we are able to see in the dark. This is because darkness is the absence of light. Light travels in straight lines and is the fastest thing known to us. Any object that we can see must at least partially reflect light into our eyes.

Now that we know this, how does light reach our eyes if we are not standing in front of a light source? For example, how can we see the pages of a book? What equipment and materials might help us investigate this? Is there anything else we need to consider? If you had to draw what you think will happen, how would it look? Why?



What material would be best for making sunglasses lenses?

Pattern Seeking

We must never look directly at the Sun as the light that is produced is very bright and can be harmful to our eyes. This is why we wear sunglasses. If you think about how much light gets through different objects, which type of material would be best to use in sunglasses lenses? Which material would be worst? Why?

Is there a link between the angle that a ray of light enters a mirror and the reflective ray out of the mirror?

Comparative Testing

Shiny things, like mirrors, are not light sources: because they are bright, they can appear to be sources of light. Similarly, although we can see it in the dark, the Moon is not a source of light – this is because the Sun's light reflects on the surface of the Moon, making it appear as though it emits light.

How could we investigate this question using a mirror and a single light source? Are there any other variables we would have to think about? We know that light travels in straight lines, so how would you expect a ray of light to reflect if it entered a mirror straight compared with at an angle? Why do you think this?

What pioneering work did Sir Isaac Newton carry out relating to light?

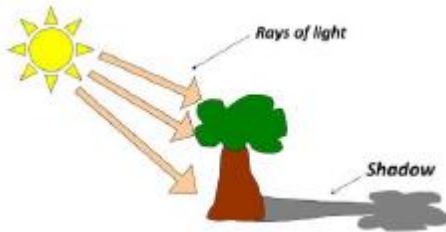

Research

Sir Isaac Newton (1642-1727)

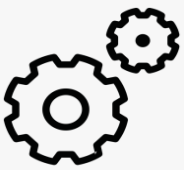

<https://www.bbc.co.uk/programmes/p01jdfw4>

English mathematician, physicist, astronomer, theologian and author.



How do shadows form?	<p>Pattern Seeking</p> <p>When light is blocked by an opaque object, a dark shadow is formed. When light is shone onto a translucent object, some of the light travels through it and creates a fairly dark shadow, whilst a very faint shadow is formed when light is shone onto a transparent object.</p> 
Is there a link between the size of the shadow and the distance the object is moved away from the light source?	<p>Pattern Seeking</p>  <p>The size of a shadow changes as the light source moves. The further away the light source is, the smaller the shadow is. The closer the source of the light, the bigger the shadow.</p>

Vocabulary	
Angle	The direction from which you look at something.
Bright	A colour that is strong, noticeable and not dark .
Chemical reactions	A process that involves changes in the structure of something.
Dark	The absence of light .
Dim	Light that is not bright .
Electricity	A form of energy that can be carried by wires and is used for heating, lighting and to provide power for machines.
Emits	To produce a sound or light .
Light	A brightness that lets you see things.
Mirror	A flat piece of glass that reflects light , so that when you look at it you can see yourself reflected in it.
Opaque	An object or substance that can't be seen through.
Product	Something that is produced.
Reflects	Sent back from the surface of an object or substance without passing through it.
Shadows	Dark shapes that are made on a surface when something stands between the surface and a light .
Source	Where something comes from.
Sunglasses	Glasses with dark lenses which are worn to protect your eyes from bright sunlight.
Surface	The flat, top part, or the outside of an object or substance.
Torches	Small electric lights that can be carried and are powered by batteries.
Translucent	A material that allows some light to pass through it.
Transparent	An object or substance that can be seen through.

What should I already know? (KS1/KS2)	Potential Cross-curricular Links (KS1/KS2)
<ul style="list-style-type: none"> Lower Key Stage 2: Working scientifically [NC 2014, p120]. 	 <div>Designing and making: Material selection</div>  <div>Search technologies: Research</div>

Statutory requirements

Pupils should be taught to:

- recognise that they need light in order to see things and that dark is the absence of light
- notice that light is reflected from surfaces
- recognise that light from the sun can be dangerous and that there are ways to protect their eyes
- recognise that shadows are formed when the light from a light source is blocked by an opaque object
- find patterns in the way that the size of shadows change.

Knowledge

Create a key to categorise objects such as solids, liquids and gases.

Can you group these materials and objects into solids, liquids and gases?

Pattern Seeking

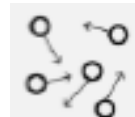
Identifying and Classifying

The properties of a substance depend on what its particles are like, how they move and how they are arranged. Particles are what materials are made from and they are so small that we cannot see them with our eyes. They behave differently in solids, liquids and gases:

- Solids always take up the same amount of space. They have vibrating particles which are closely packed in and form a regular pattern, which means they have a fixed shape and cannot be poured.



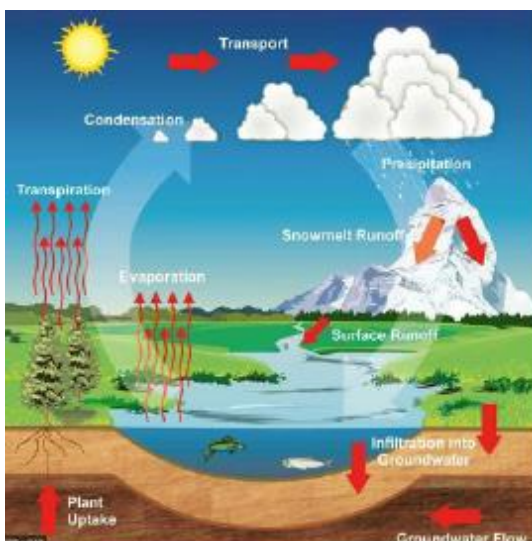
- Liquids can change shape depending on the shape of the container they are in because they can be poured. Liquid particles are spaced out randomly and close together, which allows them to move over each other.



- The particles in a gas can escape from any container they are placed in. This is because they are spread out and can move in any direction.

What is the difference between evaporation and condensation? What changes of state take place?

Research



When a liquid such as water is heated, the particles start to move faster and faster until they have enough energy to move around more freely. The water has evaporated into water vapour, which is a gas. As water vapour starts to cool, the particles start to slow down and move closer together again, eventually returning to a liquid state.

The water cycle is a natural process that uses evaporation and condensation to continually recycle the Earth's water. Water in lakes, oceans and rivers is heated by the Sun and evaporates into the atmosphere, where it cools and condenses into clouds. The clouds then release water as precipitation, which lands on the Earth and finds its way back into the lakes, oceans and rivers to repeat the process again.

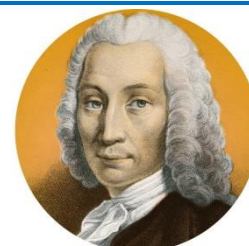
What was Anders Celsius' contribution to creating a standard scale for temperature?

Ideas Over Time

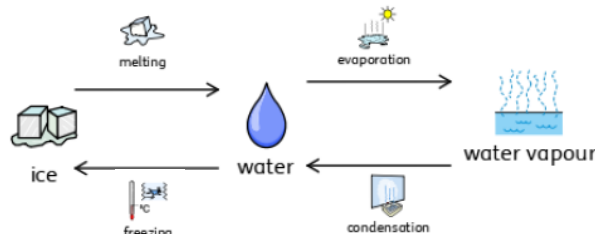
Anders Celsius (1701-1744)

<https://www.youtube.com/watch?v=rARnTIPax8E>

Swedish astronomer, physicist and mathematician.



How does the mass of an ice cube change over time?




Observing Over Time

As an ice cube changes state, its surface area changes: the less solid its state, the larger it's surface area. Does this mean that the mass of the melted ice is less, more or the same than it would be as a solid ice cube?




How does the effect of temperature on chocolate, butter and cream compare?

Comparative Testing

All three substances are usually found in a solid state, but can be reversibly changed through heating. Once they reach their melting point they will become liquids, and as they cool they can be returned to a solid state depending on the temperature. Consider the variables involved in investigating this question – how would fair testing be ensured? What can be changed and by how much? What observations would you expect to find? Why?

Does seawater evaporate quicker than fresh water?	Comparative Testing As part of the water cycle, the evaporation process will still take place regardless of what body of water is involved. However, will the presence of salt in seawater impact on the particles within each liquid? Would you expect the rate of evaporation to be affected by this? Why?	
How does the level of water in a container change when left on the windowsill?	Observing Over Time Consider the variables involved in investigating this question – how would fair testing be ensured? Could the windowsill used create any potential problems (e.g.: radiator near the window, season of the year)? What can be measured? What can't be controlled (e.g.: temperature caused by sunlight, position of the Sun throughout the day)? What observations would you expect to find? Why?	

Vocabulary	
Condensation	Small drops of water which form when water vapour or steam touches a cold surface, such as a window.
Cooling	Lowering the temperature of something.
Evaporation	To turn from a liquid to a gas and pass away in the form of vapour.
Freezing	When a liquid , or substance containing a liquid, becomes solid because of low temperatures .
Freezing point	The temperature at which a substance freezes. The freezing point of water is 0°C.
Gas	A form of matter that is neither solid nor liquid . A gas rapidly spreads out when it is warmed and contracts when it is cooled.
Heating	Raising the temperature of something.
Liquid	In a form that flows easily and is neither a solid nor a gas .
Melting	To change from a solid to a liquid through heating or pressure.
Melting Point	The temperature at which a substance melts.
Particles	A tiny amount or a small piece of something.
Precipitation	Rain, snow, sleet, dew, etc. formed by condensation of water vapour in the atmosphere.
Process	A series of actions used to produce something or reach a goal.
Properties	The ways in which an object or substance behaves.
Solid	Having a firm shape or form that can be measured in length, width and height and being neither a liquid nor a gas .
Temperature	A measure of how hot or cold something is.
Vibrations	Small, quick, repeated movements caused by an object or substance shaking.
Water cycle	The process by which water on the Earth evaporates, condenses in the atmosphere and returns to the ground in the form of precipitation .
Water vapour	Water in its gaseous state, particularly caused by evaporation at a temperature lower than boiling point.

What should I already know? (KS2)	Potential Cross-curricular Links (KS2)
<ul style="list-style-type: none"> Lower Key Stage 2: Working scientifically [NC 2014, p120]. 	<div>  <div> Water Cycle: Evaporation/ condensation </div> </div> <div>  <div> Cooking and nutrition </div> </div> <div>  <div> Search technologies: Research </div> </div>

Statutory requirements

Pupils should be taught to:

- compare and group materials together, according to whether they are solids, liquids or gases
- observe that some materials change state when they are heated or cooled, and measure or research the temperature at which this happens in degrees Celsius (°C)
- identify the part played by evaporation and condensation in the water cycle and associate the rate of evaporation with temperature.

Knowledge

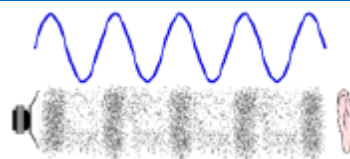
How can I prove that sounds are vibrations?

Pattern Seeking

A sound is a thing that can be heard, and the object that produces a sound is known as a source. Sounds are made when an object vibrates: these vibrations, even though you can't see them, lead to vibrations in the air close by, which travel to the ear and make the eardrum vibrate. Messages are sent to the brain, which recognises the vibrations as sounds.



Using this information, is there anything you could use that would make sound waves visible to prove that they are caused by vibrations? For example, could a tuning fork be used?



Can sound travel in space?

Ideas Over Time

https://www.youtube.com/watch?v=L_FAPeaZT0g

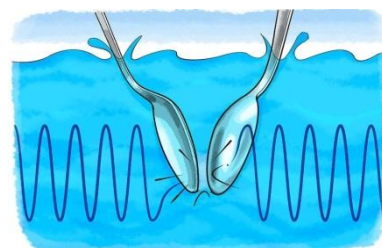
Because there is no air in space, it is a vacuum. When an object vibrates, the air around it vibrates too. This vibrating air can also be known as sound waves. Using this information, can you predict what will happen when a ringing alarm clock is placed in a vacuum? Why do you think this?

Does sound travel at the same speed in a liquid?

Research

Sound has to travel through a medium to produce sound waves, such as air, water, glass, and even more solid materials like stone and brick. This is why you can sometimes hear your neighbour's loud music playing from the other side of a wall!

Apart from water, what other liquids do you think it would be possible to use as a medium for sound? Do you think the viscosity (thickness) of the liquid will make a difference? Why/why not?



Which material is best to use for muffling sound in ear defenders?

Comparative Testing

To prevent sound waves from reaching the eardrums, a material needs to be placed over the ear to muffle (or absorb) the sound. Some materials are better at muffling sound than others, so how can this be investigated? What types of material do you think would be best? Why? What variables do you have to consider for this to be a fair test? How will you record your results?

How did Alexander Graham Bell use his understanding of sound to improve communication?

Ideas Over Time

Alexander Graham Bell (1847-1922)

<https://www.youtube.com/watch?v=JsRt5IBdBfE>

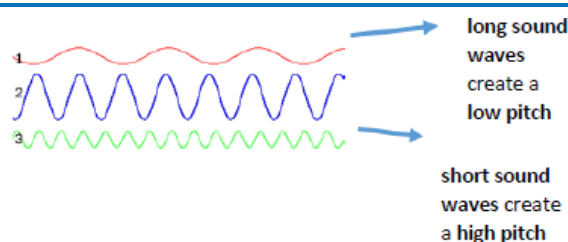
Scottish inventor, scientist and engineer.



Which instrument makes the highest/lowest pitch sound? Why?

Identifying and Classifying


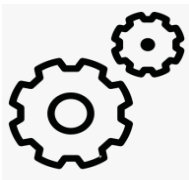

High pitch sounds (like the squeak of a mouse) are created by short sound waves, whilst low pitch sounds (like the roar of a lion) are created by long sound waves. The number of times a second that the sound wave cycles is measured according to its frequency.



Every family of instruments in an orchestra has high and low pitched instruments. For example, the trumpet is one of the highest pitched brass instruments, whilst the tuba is one of the lowest pitched. Generally speaking, the smaller an instrument, the higher the pitch, and vice versa.

Which instruments can I make with a high or low pitch? How?	Comparative Testing [See Which instrument makes the highest/lowest pitch sound? Why?]. Based on what you have learnt, which family of instruments would be the easiest to replicate? Why? What materials could you use? Apart from the size of each instrument, what other things do you need to consider? How will you record the pitch of your instruments and compare them?
Is there a link between the amount of liquid in a bottle and the pitch it makes?	Pattern Seeking The more liquid that a bottle contains, the lower the pitch it will generate when someone blows across the top. Equally, the less liquid that a bottle contains, the higher the pitch will be. This is because when someone blows across the top of the bottle, the air molecules vibrate and produce sound waves. Using this information, what does this tell you about how a sound wave, and therefore the pitch that's created, is affected by the empty space in the bottle?
How do the vibrations of an instrument change when the volume it's played at changes?	Identifying and Classifying When a sound is created by a little amount of energy, a weak sound wave is produced, which doesn't travel far. Because of this, it only makes a quiet sound. A vibration created by lots of energy makes a powerful sound wave, which therefore makes a loud sound. The volume of a sound is measured in decibels, whilst the strength of the sound wave itself is measured according to its amplitude.
What happens to the sound I am making if I get further away from you?	Identifying and Classifying The closer you are to the source of a sound, the louder it will be. Because of this, the further you are away from the source of a sound, the quieter it will be.

Vocabulary	
Amplitude	A measure of the strength of a sound wave .
Decibel	A measure of how loud a sound is.
Electricity	A form of energy that can be carried by wires and is used for heating, lighting and providing power for a range of devices.
Energy	The power from sources such as electricity that makes machines work or provides heat.
Frequency	A measure of how many times per second a sound wave cycles.
Medium	Something that makes it possible to transfer energy from one location to another.
Pitch	How high or low a sound is.
Power	Energy , in particular electricity , that is obtained in large quantities from a fuel source and used to operate lighting, heating and machinery.
Sound waves	Invisible waves that travel through air, water and solid objects as vibrations .
Source	Where something comes from.
Transmit	To pass from one place or person to another.
Travel	How something moves around.
Vibrations	Invisible waves that move quickly.
Volume	How loud or quiet a sound is.

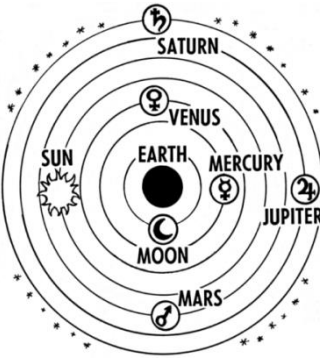
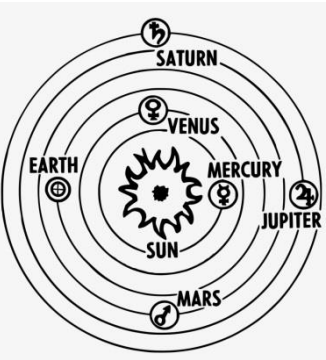
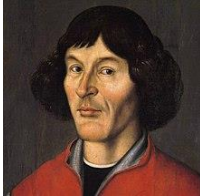


What should I already know? (KS2)	Potential Cross-curricular Links (KS2)
<ul style="list-style-type: none"> • Lower Key Stage 2: Working scientifically [NC 2014, p120]. 	<div data-bbox="619 197 687 376"></div> <div data-bbox="695 212 928 349"> <p>Pitch Dynamics Instrumentation</p> </div> <div data-bbox="1034 197 1222 376"></div> <div data-bbox="1230 232 1463 376"> <p>Designing and making: Material selection Key individuals</p> </div> <div data-bbox="804 394 1018 562"></div> <div data-bbox="1018 421 1243 542"> <p>Search technologies: Research</p> </div>



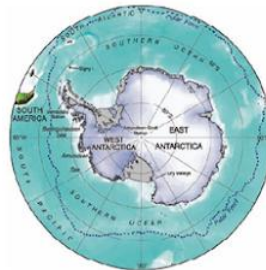
Statutory requirements

Pupils should be taught to:


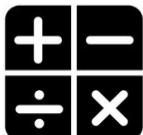


- identify how sounds are made, associating some of them with something vibrating
- recognise that vibrations from sounds travel through a medium to the ear
- find patterns between the pitch of a sound and features of the object that produced it
- find patterns between the volume of a sound and the strength of the vibrations that produced it
- recognise that sounds get fainter as the distance from the sound source increases.

Knowledge

<p>What is a celestial body?</p>	<p>Identifying and Classifying A celestial body (sometimes called a celestial or astronomical object) is any object that exists within the universe. This includes stars, planets and moons, as well as smaller objects such as comets, meteoroids and asteroids. All of these celestial bodies can be found inside galaxies, such as the Milky Way, where our Solar System exists.</p>
<p><i>How have our ideas about the Solar System changed over time?</i></p>	<p>Ideas Over Time As our ability to observe the universe has improved with time, we have been able to identify more of the Solar System. The Sun and the first six planets (Mercury, Venus, Earth, Mars, Jupiter and Saturn) were discovered in prehistoric times, with Uranus and Neptune being discovered in the 18th and 19th centuries. Pluto was first identified in 1930 and was reclassified as a dwarf planet in 2006. Additionally, how the planets were believed to be ordered has developed from original teaching by Ptolemy in Ancient Greece to what we know now.</p>
<p>What is the difference between the geocentric and heliocentric models of the Solar System?</p>	<p>Comparative Testing The geocentric model of the Solar System was used from prehistoric times and supported by the church for hundreds of years. It stated that the Earth was at the centre of the Solar System, with the Sun and other planets orbiting around it. The heliocentric model, developed in the 16th century, proved that the Sun was actually at the centre of the Solar System and that Earth and all of the other known planets orbited around it. This was a huge change in thinking and took nearly a century to be accepted by scientists and the church.</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div>
<p><i>Why was Nicolaus Copernicus' work so controversial?</i></p>	<p>Research Nicolaus Copernicus (1473-1543) https://www.youtube.com/watch?v=M0p6NKANE08 [Biography] https://www.youtube.com/watch?v=s6efb-Lz1N4 [Heliocentric Model] Polish mathematician, astronomer and church leader.</p> 
<p><i>Do different planets have different amounts of moons?</i></p>	<p>Identifying and Classifying A moon is a celestial body that orbits a planet. Earth has one moon, but other planets have more or less moons than Earth. Another name for a moon is a natural satellite, and each one is given a name from places such as Greek mythology (like the moons of Mars) or characters from the plays of Shakespeare (like some of the moons of Uranus).</p>
<p>Can you identify all the phases in the cycle of the Moon?</p>	<p>Identifying and Classifying</p> <div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p>The Moon orbits the Earth in an anti-clockwise direction and takes approximately 28 days, or one lunar month, per orbit. Because the Moon also spins on its axis as it orbits Earth, we only ever see one side of it. Depending on where it is in its orbit, the Moon is visible in 8 different phases: a new moon is closest to the Sun and cannot be seen at all, whilst a full moon is furthest from the Sun and shows the Moon's full side.</p> </div> </div>
<p>How can I use a sundial to help me tell the time?</p>	<p>Observing Over Time The Earth rotates on its axis in an anti-clockwise direction and makes one complete rotation in 24 hours, or one day. This makes it appear as though the Sun is moving through the sky, but in fact it is the Earth's rotation that causes day and night. As the Earth rotates, shadows that are formed change in size and orientation. What would the shadows reveal about the time of day?</p> 

Why do some people consider Stonehenge to be an astronomical clock?	Pattern Seeking Stonehenge was constructed in prehistoric times on Salisbury Plain in Wiltshire. The whole site is built in such a way that it lines up with the sunrise on the longest day of the year and the sunset of the shortest day of the year. Why would this have been important in prehistoric times for working out what season of the year it was?	
Does the amount of daylight hours depend upon where you are in the world? Do some countries have daylight, or darkness, for 24 hours?	Comparative Testing Different parts of the Earth experience daylight at different times – this means that it is morning, afternoon and night in different places. This is also the reason we have time zones. Because of the Earth's tilt, the poles experience 24 hours of sunlight in the summer, and very few hours of sunlight in the winter. Using a world atlas and lines of latitude and longitude, is it possible to use this information to predict the number of daylight hours for countries in polar regions? Do you think it would be the same for the whole country or only for certain parts of it? Why?	 

Vocabulary	
Asteroid	A rock that orbits the Sun in a belt between Mars and Jupiter.
Axis	An imaginary line through the middle of something.
Comet	A bright object with a long tail that travels around the Sun.
Galaxy	An extremely large group of stars and planets . Our galaxy is called the Milky Way.
Gravity	The force which causes things to drop to the ground.
Leap year	A year which has 366 days. The extra day is the 29 th February. There is a leap year every four years.
Meteorite	A rock from outer space that has landed on Earth.
Orbit	The curved path in space that is followed by an object going around a planet , moon or star .
Planet	A large, round object in space that moves around a star .
Shadow	A dark shape on a surface that is made when something stands between a light and the surface.
Solar System	The Sun and all the planets that go around it.
Sphere	An object that is round in shape, like a ball.
Spin	To turn quickly around a central point.
Star	A large ball of burning gas in space.
Time zones	One of the areas into which the world is divided, where the time is calculated as being a particular number of hours behind or ahead of GMT (Greenwich Mean Time).
Universe	The whole of space and all the stars , planets and other forms of matter and energy in it.

What should I already know? (KS2)	Potential Cross-curricular Links (KS2)
<ul style="list-style-type: none"> • Upper Key Stage 2: Working scientifically [NC 2014, p128]; • Y3 Light: recognise that light from the sun can be dangerous and that there are ways to protect their eyes; • Y3 Light: recognise that shadows are formed when the light from a light source is blocked by a solid object; • Y3 Light: find patterns in the way that the size of shadows change. • NB: Additionally, 'Can sound travel in space?' is part of the Y4 Working Scientifically document. 	<div>  <div>Stone Age to Iron Age: Stonehenge</div> </div> <div>  <div>Time</div> </div> <div>  <div>World Atlas and Globes: Latitude and longitude</div> </div> <div>  <div>Search technologies: Research</div> </div>

Statutory requirements

Pupils should be taught to:

- describe the movement of the Earth, and other planets, relative to the Sun in the solar system
- describe the movement of the Moon relative to the Earth
- describe the Sun, Earth and Moon as approximately spherical bodies
- use the idea of the Earth's rotation to explain day and night and the apparent movement of the sun across the sky.

Knowledge

A range of different materials that we learn about and use in scientific experiments can be classified (or grouped) using their properties. Some examples are listed here:



Which of these materials would be best to use as a blackout blind in a baby's room?

Identifying and Classifying

Use a selection of materials with varying degrees of transparency to investigate this question. Prior learning about light tells us that an object's transparency depends on the type of material it is made from: opaque materials block light so that we can neither see through them nor shine a light through them, translucent materials allow some light to pass through, whilst transparent materials allow light to travel through them freely. How much transparency would you need in a baby's room? Why?

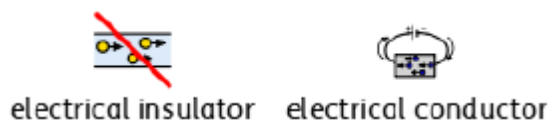


Which materials can we use in a circuit to give us the brightest bulb?

Pattern Seeking

Electrical conductors allow electricity to pass through them easily, while electrical insulators do not. Electrical insulators have a high resistance, which means that it is hard for electricity to pass through these objects.

Using your prior learning on electricity, what sort of materials would be good conductors of electricity? Why?

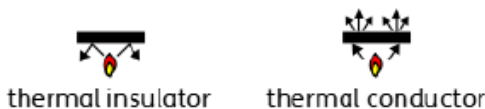


Which materials would be most effective for making a warm jacket?

Comparative Testing

Materials which are good thermal conductors allow heat to move through them easily, such as a saucepan, which needs heat to travel through it in order to be able to cook food. Thermal insulators do not let heat travel through them easily, with good examples being woollen clothes and flasks for hot drinks. Using this information, do you need to make a thermal conductor or a thermal insulator? Why? Apart from wool, what other materials could you investigate? What are the reasons for your choices?

Imagine I had some water and some beakers to investigate this question with: what other equipment would I need? What other variables would I have to consider to ensure I was carrying out a fair test? How would I record my results?

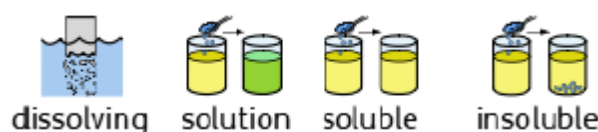


Which type of sugar dissolves the fastest? What happens to the rate of dissolving if we change the temperature of the water?

Comparative Testing

Dissolving takes place when the particles of a solid mix with the particles of a liquid, creating a solution. Materials that are capable of dissolving, such as sugar, are soluble, whilst materials that do not dissolve are insoluble.




Using this information, what do you predict will happen in your investigation? Why? What variables will you have to consider to make your testing fair?



Is melting the same as dissolving?




Identifying and Classifying

When an object is melted, it changes from a solid state to a liquid state through heating. The object's particles begin to spread out and allow the object to flow, but otherwise the particles are unchanged. When an object is dissolved, it also changes state, but it is mixed with another object to create a new solution.

When does filtering work but not sieving to separate substances?	Identifying and Classifying Sieving allows you to separate the particles in two solid objects that are different sizes, such as sand and salt: the smaller particles will pass through the holes in the sieve whilst the larger particles will be held. Filtration, however, allows you to separate solid and liquid particles from each other. Can you think of any examples where filtration might be the best way to separate substances? Can you think of any other solids that could be separated using a sieve?
Can we reverse all reactions? Which ones can we reverse and which ones can't we reverse?	Pattern Seeking Some materials can be separated after they have been mixed based on their properties – this is called a reversible change. When a mixture cannot be separated back into the original components, this is called an irreversible change. Examples of this include when materials are burnt or when you mix bicarbonate of soda and vinegar. All of these changes are either physical (the appearance or form changes) or chemical (the matter changes and a substance with new properties is formed). 
Can we classify all reversible reactions as evaporating, filtering, sieving, melting or dissolving?	Identifying and Classifying There are experiments that can be undertaken that will prove all of these methods of separation are useful for reversing reactions. For example, filtration will reverse the reaction between two insoluble substances, whilst the water cycle is the natural process of continually evaporating and condensing the water on the surface of the Earth. However, are these changes always reversible: for instance, can all objects that are melted be cooled and returned to their original state? Similarly, are these methods of separation the only ones that can be used to reverse a reaction? Based on your learning from previous year groups, what other properties of materials might also allow for reversible change to take place?
How does a nail in salt water change over time?	Observing Over Time Most nails are made of iron, which begins to corrode and rust when it is exposed to oxygen and water. The presence of salt in the water means that the process of rusting speeds up. Is there an investigation that could be done to see how quickly the process occurs in salt water compared to in a different kind of environment? What sort of differences would you expect to see? Why? 
What impact have chemical changes had on our lives?	Ideas Over Time Without chemical changes between different materials, the way we live could be very different. For example, cooking requires a chemical change to take place for some raw foods to become cooked and edible. Similarly, batteries create electricity through a chemical change, which allows us to use a variety of different electrical devices. Can you think of any other chemical changes that are important for helping us to live our lives?
How did Ruth Benerito revolutionise the cotton industry?	Research Ruth R. Benerito (1916-2013) https://www.youtube.com/watch?v=UtSdDv-m0E8 American chemist and inventor. 

Vocabulary	
Circuit	A complete route which an electric current can flow around.
Condensation	Small drops of water which form when water vapour or steam touches a cold surface, such as a window.
Conductor	A substance that heat or electricity can pass through or along.
Dissolves	When a substance is mixed with a liquid and the substance disappears.

Electricity	A form of energy that can be carried by wires and used for heating, lighting and to provide power for devices.
Evaporation	To turn from a liquid to a gas and pass away in the form of vapour.
Filtering	A device to remove dirt or other solids from liquids or gases . A filter can be made from paper, charcoal or other material with tiny holes in it.
Flexible	An object or material can be bent easily without breaking.
Gas	A form of matter that is neither liquid nor solid . A gas rapidly spreads out when it is warmed and contracts when it is cooled.
Insoluble	Impossible to dissolve , especially in certain liquids .
Insulator	A non- conductor of electricity or heat.
Irreversible	Impossible to reverse, turn back or change.
Liquid	In a form that flows easily and is neither a solid nor a gas .
Magnetic	Having to do with magnets and the way they work.
Melting	To change from a solid to a liquid state through heat or pressure.
Particles	A tiny amount or a small piece of something.
Permeable	A substance that either a gas or liquid can pass through.
Process	A series of actions used to produce something or reach a goal.
Properties	The ways in which an object behaves.
Rate	The speed with which something happens.
Resistance	The opposing power of one force against another.
Reversible	Able to turn or change back.
Solid	Having a firm shape or form that can be measured in length, width and height, and not like a liquid or gas .
Soluble	Able to be dissolved .
Solution	A mixture that contains two or more substances that are combined evenly.
State	The structure or condition of something.
Temperature	A measure of how hot or cold something is.
Thermal	Relating to, or caused by, heat or by changes in temperature .
Transparent	An object that can be seen through.
Variable	Something that can change or that has no fixed value.
Water cycle	The process by which water on the earth evaporates , condenses in the atmosphere and then returns to the earth in the form of precipitation.

What should I already know? (KS2)	Potential Cross-curricular Links (KS2)
<ul style="list-style-type: none"> • Upper Key Stage 2: Working scientifically [NC 2014, p128]; • Y3 Rocks: <i>compare and group together different kinds of rocks on the basis of their appearance and simple physical properties;</i> • Y3 Forces and magnets: <i>[...] identify some magnetic materials;</i> • Y4 States of matter: <i>observe that some materials change state when they are heated or cooled [...];</i> • Y4 States of matter: <i>identify the part played by evaporation and condensation in the water cycle and associate the rate of evaporation with temperature;</i> • Y4 Electricity: <i>recognise some common conductors and insulators, and associate metals with being good conductors.</i> 	<div>  <div> Water cycle: Evaporation/ condensation </div> </div> <div>  <div> Electrical systems </div> </div> <div>  <div> Search technologies: Research </div> </div>

Statutory requirements

Pupils should be taught to:

- compare and group together everyday materials on the basis of their properties, including their hardness, solubility, transparency, conductivity (electrical and thermal), and response to magnets
- know that some materials will dissolve in liquid to form a solution, and describe how to recover a substance from a solution
- use knowledge of solids, liquids and gases to decide how mixtures might be separated, including through filtering, sieving and evaporating
- give reasons, based on evidence from comparative and fair tests, for the particular uses of everyday materials, including metals, wood and plastic
- demonstrate that dissolving, mixing and changes of state are reversible changes
- explain that some changes result in the formation of new materials, and that this kind of change is not usually reversible, including changes associated with burning and the action of acid on bicarbonate of soda.

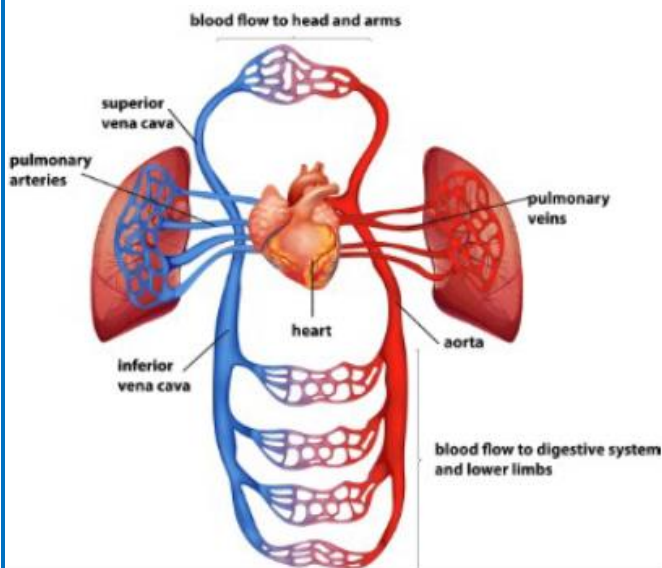
Knowledge

Which organs of the body make up the circulatory system, and where are they found?

Identifying and Classifying

The heart is composed of four chambers: the right atrium, the right ventricle, the left atrium and the left ventricle. How often your heart pumps is called your pulse.

The direction in which blood travels through the circulatory system is as follows:

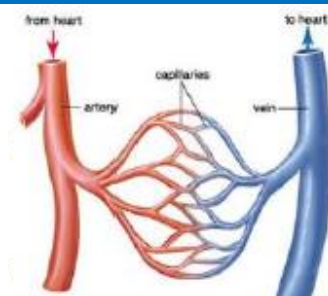


- The right atrium collects the deoxygenated blood from the body, via the vena cava. It sends blood to the right ventricle.
- The right ventricle pumps the deoxygenated blood to the lungs. Here the blood picks up oxygen and disposes of carbon dioxide.
- The lungs send oxygenated blood back to the left atrium, which pumps it to the left ventricle.
- The left ventricle pumps the blood to the rest of the body, via the aorta.

What is the function of each blood vessel and how is it designed to do its job?

Identifying and Classifying

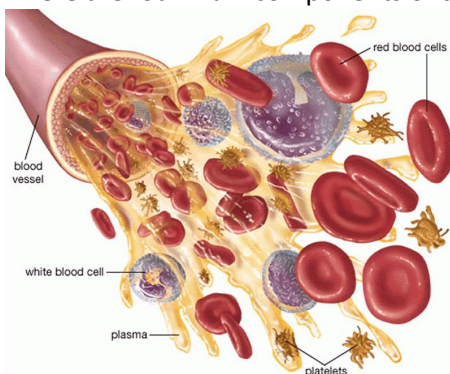
There are three types of blood vessel within the human body. Arteries carry oxygenated blood from the heart to the rest of the body. Veins carry deoxygenated blood from the body to the heart. Nutrients, oxygen and carbon dioxide are exchanged via the capillaries. The closest blood vessels to the heart are the aorta, the main artery, and the vena cava, the main vein.



What are the components of the blood? What job does each of the components do?

Pattern Seeking

There are four main components of the blood, which all have specific roles within the body:

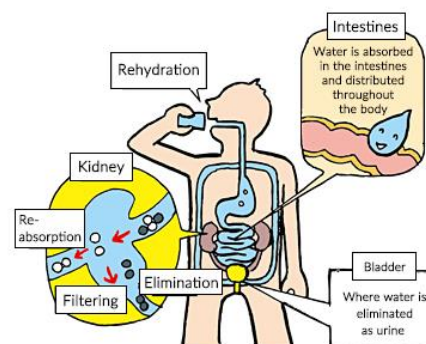




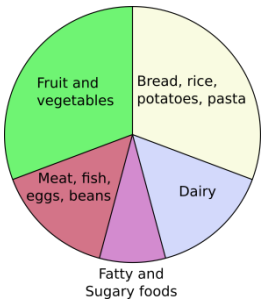
- Red blood cells – these are disc shaped and transport oxygen around the human body;
- White blood cells – these are a key part of the immune system and help protect the body against disease;
- Platelets – these are tiny, oval shaped cells that help the blood to clot and repair cuts to the skin;
- Plasma – this is a yellowish fluid that carries nutrients and waste products, as well as the three other components of the blood.


Where in our body do we absorb water? How are those organs designed to do this?

Research




As food passes through the digestive system, it is gradually broken down more and more. By the time it reaches the intestines, it is largely liquid, and in the small intestine water is absorbed and the remains of the food dries out to become waste. Any excess water and waste in the bloodstream is removed in the kidneys and sent to the bladder as urine. How are these organs shaped? What is the specific job of the components of these organs, such as the nephrons in the kidney?



<p>What is the relationship between diet, exercise, drugs, lifestyle and our health?</p>	<p>Research</p> <p>Our health can be both improved and harmed by the choices we make in our day to day lifestyles. Diet, exercise and drugs can have benefits if we think about them appropriately and make decisions that will keep us healthy. However, making poor decisions or choosing not to think about them appropriately can lead to short-term and long-term health problems. Which types of food would help to create a balanced diet and how does the Eatwell Plate help us to understand this? Why are some drugs important for people to take if they want to enjoy good health? What would you expect to happen if you did little, or no, exercise? Do you think you could make unhealthy choices in some areas and still enjoy good health? Why?</p>
<p>How can drugs and exercise affect my organs? What impact can they have? How can they benefit my body?</p>	<p>Identifying and Classifying</p> <p>Some choices, such as smoking and drinking alcohol, can be harmful to our health. Tobacco can cause short-term effects such as shortness of breath, difficulty sleeping and loss of taste, and long-term effects such as lung disease, cancer and death. Alcohol can cause short-term effects such as addiction and loss of control, and long-term effects such as organ damage, cancer and death.</p> <p>Exercise can have many benefits for the whole body, including: toning our muscles, reducing fat, increasing fitness, strengthening the heart, improving lung function, improving skin and making a person feel physically and mentally healthier.</p>
<p><i>How have lifestyles changed over the last 100 years? Why might our current lifestyles have a negative effect on our health?</i></p>	<p>Ideas Over Time</p> <p>There have been many changes in lifestyle since the beginning of the 20th century, when reports by people such as Rowntree and Booth showed that a large number of people in Britain's cities were living in poverty and suffered from ill health. Since then, and with the help of the NHS since it was founded in 1948, we have learnt more about the effects of alcohol, smoking and diet on our bodies and healthy lifestyles are promoted through campaigns like 'Smokefree' and '5-a-day'. What other changes can you think of?</p> <p>Unfortunately, as Britain has become wealthier, people's diets have become less healthy which has led to diseases such as cancer, diabetes and heart disease becoming more common. There are also still issues surrounding alcohol and a lack of exercise as our lives get busier and busier.</p>
<p><i>Why was the work of Professor Sir Richard Doll so ground-breaking?</i></p>	<p>Research</p> <p>Professor Sir Richard Doll (1912-2005)</p> <p>https://www.youtube.com/watch?v=VBWGM630zG0 [Doll's work and reputation]</p> <p>https://www.youtube.com/watch?v=3CmLHeoN6u0 [Interview with Doll]</p> <p>British physician and researcher into the links between smoking and health.</p> 
<p>Which type of exercise has the greatest effect on our heart rate?</p>	<p>Comparative Testing</p> <p>There are four different types of exercise: endurance/aerobic, strength to help build muscles, balance and flexibility/stretching. What investigation could be done to test all four of these fairly? What are the variables? How will you record the results? Based on your understanding of these exercise types and what you know about the human body, which type of exercise do you predict will have the greatest effect? Why?</p>
<p><i>If I exercise every day for a month, does it influence my resting heart rate?</i></p>	<p>Observing Over Time</p> <p>If exercise is beneficial for improving physical and mental health, this would suggest that there will be a positive effect on a person's resting heart rate. How can this be investigated and proved or disproved? What variables need to be considered? Do you think the influence would be the same for all four types of exercise? Why/why not?</p> 
<p>What effect do certain foods/drinks have on my heart rate?</p>	<p>Comparative Testing</p> <p>The three main groups of nutrients that we need to survive are carbohydrates, protein and fats, but we do also need other food types to enjoy a balanced diet. What investigation could be done to test each food type for its singular effect on heart rate? Are there any other variables to consider? How will you record the results? Based on your understanding of these food types and what you know about the changes in lifestyle and diet over the last 100 years, which food type do you predict will have the greatest effect? Do you predict an increase or decrease in heart rate for each food type? Why?</p> 

<p><i>Why are ready meals and convenience foods causing obesity levels to rise?</i></p>	<p>Ideas Over Time</p> <p>Most convenience foods and ready meals have high salt and fat content – this is partly to preserve the food and help it to last longer, but also means that other nutrients and food types are less important and the number of calories (units of energy) in the meal is higher. When we eat and drink more calories than we use up, our bodies store the excess as body fat, which means we may put on extra weight over time. A healthy man needs approximately 2,500 calories a day, whilst a woman needs approximately 2,000 calories.</p>	
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Vocabulary	
Aorta	The main artery through which blood leaves the heart before it flows through the rest of the body.
Arteries	Tubes in the body that carry oxygenated blood from the heart to the rest of the body.
Atrium	One of the chambers of the heart .
Blood vessels	The three types of narrow tubes through which blood flows: arteries , veins and capillaries .
Capillaries	Tiny blood vessels in the body.
Carbon dioxide	A gas produced by animals and humans breathing out.
Circulatory system	The system responsible for circulating blood through the body, supplying nutrients and oxygen whilst removing waste products such as carbon dioxide .
Deoxygenated	Blood that does not contain oxygen .
Heart	The organ in a human's chest that pumps blood around the body.
Lungs	Two organs inside the chest which fill with air during respiration . They oxygenate the blood and remove carbon dioxide from it.
Nutrients	Substances that help plants and animals to grow.
Organ	A part of the body that has a particular purpose.
Oxygen	A colourless gas that plants and animals need to survive.
Oxygenated	Blood that contains oxygen .
Pulse	The regular beating of blood through the body. The speed of someone's pulse depends on the activity they are doing.
Respiration	The process of respiring/breathing/inhaling and exhaling air. This process is also known as ventilation .
Veins	Tubes in the body that carry deoxygenated blood to the heart from the rest of the body.
Vena cava	A large vein through which deoxygenated blood reaches the heart from the rest of the body.
Ventilation	The exchange of air between the lungs and the atmosphere so that oxygen can be exchanged for carbon dioxide .
Ventricle	One of the chambers in the heart .
Via	Through.

What should I already know? (KS2)	Potential Cross-curricular Links (KS2)
<ul style="list-style-type: none"> • Upper Key Stage 2: Working scientifically [NC 2014, p128]; • Y3 Animals, including humans: [...] humans [...] need the right types and amount of nutrition [...] from what they eat; • Y4 Animals, including humans: describe the simple functions of the basic parts of the digestive system. 	<div>  <div> <p>Healthy Me: Drugs/ alcohol</p> </div> </div> <div>  <div> <p>Victorian Dudley: Social change</p> </div> </div> <div>  <div> <p>Search technologies: Research</p> </div> </div>

Statutory requirements

Pupils should be taught to:

- identify and name the main parts of the human circulatory system, and describe the functions of the heart, blood vessels and blood
- recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function
- describe the ways in which nutrients and water are transported within animals, including humans.