

FREE online programmes for parents, carers and professionals in Dudley at: www.dudleyparents.co.uk

Triple P

A programme for parent/carers of children aged 2 to 11 years, teenagers and a new "Fear-less programme" for children aged 6 to 14 who suffer with anxiety



Solihull approach

Courses from bump to baby to teenager, courses for additional needs and available in alternative languages. Our new relationships course is funded for all Dudley couples.

Solihull approach for professionals

Funded courses on trauma, brain development and attachment. Please email for a code.



Access it all here NOW at:
www.dudleyparents.co.uk
No need to book

(Most of these programmes of support are available face to face with professional help: email us for more information)

Email: **parenting@dudley.gov.uk** to access your codes for Triple P Fear-less, professional courses codes, for general enquiries and to find out more about activities and groups in Dudley.